ISU-E attends PACSA 2014 National Convention
JENNIE CHRISTIE TIANO & NATHALIE FABIAN
BAGUIO CITY, PHILIPPINES – a team of a hundred students and faculty members from Isabela State University (ISU) from different campuses attended the Philippine Association of Campus Advisers’ (PACSA) 35th Annual National Convention and Seminar-Workshop for student leaders at Teachers Camp, Baguio City on November 22-25, 2014. 
Prof. Renato Jose Ma. V. Manzano, PACSA National President, welcomed all delegates by region including Region 1 where ISU is located.
The PACSA National Convention Officers also presented the regional delegates, regional core groups, PACSA officers, and the Board of Directors afterwards.
Throughout the next two days of the seminar-workshop, the students attended the first session with the topic ”Roles and Responsibilities: Spirituality in Leadership” was discussed by Fr. Ramon Claro Mander, O.P. (and Continued on Pg. 05)

MCS continues to commemorate Maguindanao Massacre Victims
CASSEY CINDER U. AQUINO
“...We will continue conducting this kind of activity until the day that justice is served to the victims of Maguindanao Massacre,” Chary Anne Ganaui, President of Mass Communication Society (MCS) said when asked by Mr. Jastor Benedicto, ABS-CBN TV Patrol Cagayan Valley reporter.
Together with the College Editors’ Group of the Philippines (CEGP Region 02) Chairperson Liana Acuzar, the MCS conducted a prayer vigil and candle lighting at the Isabela State University – Echague (ISU-E) covered walk.
Thereafter, Ms. Acuzar had an educational discussion about the Maguindanao Massacre with the MCS members and thoughts as well as sentiments were written by the members at the freedom banner placed beside the tarpskirt displayed at the covered walk.
The activity was held on November 21 in accordance to the advanced 5th Year Commemoration of the Maguindanao Massacre dated November 23, 2009 where 32 journalists were killed.
News

TF scribes receive 10 awards in RHEPC
RANDY P. ACORA

Bearing the theme “Redefining Social Awareness through Journalistic Sensitivity,” Isabela State University – Echague Campus (ISU-E), represented by 7 student journalists bagged 10 awards during the 13th Regional Higher Education Press Conference (RHEPC) slated December 4-6 at Taj Hotel, Taguig City, Cagayan.

Prof. Ma. Theresa R. Ramegio, President of Regional Higher Education Press Advisers Association (RHEPAA), welcomed the 250 delegates from different universities in the region.

In the group category, the Forum- the official student publication of ISU-E grabbed 4th place in Best in News Page Category.

The individual categories are as follows: Ramer Guillermo (BSCE 2) garnered 7th place in Editorial Cartooning- English; Medrado Danno Jr. (BSED 2) was awarded 10th place in News Writing- Filipino; 9th place in Editorial Cartooning – Filipino; Guittardane Palapal (BSCE 1) grabbed 7th place in Feature Writing – English; Chary Anne Guanum (ABMC 3) clasp 3rd place in Sports Writing- English; Alyssa Marie Villa (ABMC 3) seized 3rd place in Editorial Writing – Filipino and 5th place in Dev Com Writing- English; Randy Acoba (BSED 2) landed 5th place in Poetry Writing-English and 6th place in News Writing- English, and Cassey Cindy Aquino (BS Acct 1) also competed in the Photojournalism Category.

Nerizza C. Ferrer, an instructor from the College of Arts and Sciences (CAS), served as their coach and adviser in the said events.

The conference aimed to train prospective and budding writers on the technicalities of journalistic writings.

The group also qualified in the Luzonwide Higher Education Press Conference (LHEPC) on February 2015.

OSAS hosts Gender Awareness Seminar
LEIZA KATE BALLAD

To raise the awareness of students on third sex community, the Office of Student Affairs and Services (OSAS) in coordination with the Lesbian Gay Bisexual Transgender (LGBT) held a seminar entitled “Creating an LGBT Inclusive School Climate” last November 28 at the De Venecia Hall, Isabela State University – Echague (ISU-E).

Due to the diverse dilemmas experienced by LGBT’s like crime and discrimination, they anticipated actions regarding such issues that would make gradual changes starting with the implementation of the Anti-Discrimination Ordinance in Cebu, Davao, and Quezon City; as well as the proper implementation of the RH Law; passing Anti-Discrimination Law; localizing Gender Campaigns in schools and universities.

“LGBT is not an issue of religion; it’s an issue of human right,” exclaimed a speaker in the said seminar.

He also added that being gay doesn’t add to the questioning of their faith in God but it’s a matter of questioning people’s unethical actions towards them.

The seminar served as an eye-opener for students to accept the growing population of LGBT’s and to consider different ideas and opinions coming from them.

Ilagan and Cauayan over power Search for Mr. & Ms. ISU SCUAA 2014
NATHANIEL TABAN

Last November 21, the Search for Mr. and Ms. Isabela State University – State, Colleges and Universities Athletic Association (ISU – SCUAA) 2014 had been conducted at the amphitheatre.

The search started at 5 P.M. wherein the different campuses of ISU competed namely: Ilagan, San Mariano, Echague, Jones, Cabagan, San Mateo, Angadanan, Cauayan, and Roxas candidates rapped to win the crown.

Mr. Christian Estavilla of ISU – Ilagan and Ms. Melody Gutbonton of ISU-Cauayan were crowned Mr. and Ms. ISU SCUAA 2014; Mr. Jefferson Mamanau of ISU-Cauayan and Ms. Menguin Joy Vinioso of ISU- Cabagan were in the 1st place; and Mr. Andre Agustin of ISU-Echague and Ms. Marimar Sagunice of ISU-Angadanan landed 2nd place.

Mr. Estavilla and Ms. Gutbonton will represent ISU for the upcoming Regional SCUAA 2014 which will be held at ISU-E.

CTE Launches 1st Abel Fashion Show
BERNAUTDO A. OCUMEN

ECHAGUE, ISABELA – The College of Teacher Education (CTE) under the collaboration of the Music, Arts, Physical Education, and Health (MAPEH) and Music Arts Club (MAC) conducted the first Abel Fashion Show on September 26 at the university amphitheatre.

The activity intended to showcase the best of Ilocano’s Traditional Arts and the initial action was taken by the MAC Adviser, Dr. Constantino B. Andres, with the cooperation of the MAPEH to uplift the Ilocano’s in the field of culture and the arts.

Twenty (20) models that came from the Bachelor in Elementary Education (BEEED) and Bachelor in Secondary Education (BSE) competed in the Fashion Show wherein 10 male candidates and 10 female candidates participated.

The said contestants raved into 5 categories: Abel Maong Attire; Lam-ang Karooyan Attire; Occupational Attire; Shorts Wear; and Abel Formal Attire.

“I came up with this kind of activity in order to give proper attention to the neglected section of the Ilocano arts which is the Abel. Abel as we must all know was the original art of weaving that started even before the Spanish era and it was originated through the Samtoys which stands for Sao Mi Daytoy, our ancestors,” Dr. Andres stated in his speech.

To recognize the winners, Ms. Abel Fashion Show was awarded to Marjorie

ISU-E grasps Latin Dance title
BERNAUTDO A. OCUMEN

ECHAGUE, ISABELA – team Isabela State University- Echague (ISU-E) conquered the dance floor in the Latin American Dance Sports Competition held during the State, Colleges and Universities Athletic Association (SCUAA) last November 19-23.

The ISU-E couple with the number of 004 namely Jim Dave Domingo and Erica Domisco made it to the highest rank while couple number 003 in the names of Jhon Paul Capinpin and Noveyn Dumlao grabbed the second rank that made the judges’ unanimous decision for both team to represent the university in the upcoming Regional SCUAA 2014 Latin Dance Category.

The chairperson of the board, Sir Apolotis Punzalan Espiritu Jr. exclaimed that team Echague is the only competitor who performed the proper counting in the Cha, Cha, Cha; Rumba; and Jive.

On the other hand, ISU-Cabagan shone through the competition putting them at the pinnacle of triumph.
ISU-E partakes 1st Kalikasan Youth Leaders Congress
BERNARDO OCUMEN

With the theme “The Climate for Change Youth Agenda,” student leaders from Isabela State University - Echague (ISU-E) together with other delegates from other regions, took part in the first Kalikasan Youth Leaders Congress during the Pilipinas Natin Summit at Baguio City National High School Auditorium on November 28-30.

The said event was attended by more or less 300 youth leaders, 9 of which were from ISU-E and they were tutored by 5 speakers under the leadership of Mr. Obiats Buenaventura.

The first day of the event started with the arrival of the delegates, registration, and recognition of participants in a Spartan kind of accommodation. Socialization was also initiated afterwards. On the second day, growth session seminar session took place followed by a discussion on environment preservation and care. They experienced outdoor activities as well. On the third day, there were presentations of dances from various participating areas.

“Sobrang enjoy naming lahat ang activity kasi talagang nainimulang muna naming sa pagmamahal sa kalikasan at sa bayan. Yun yung ipong nakakahalagaan minsan ng ibang mga lider at naremind kami ulit patungkol doon,” Marjorie Padua said in an interview.

The said activity aimed to bring further awareness with matching initiative and responsibility for our environment and mother earth.

ESGPPA leaves values to scholars
LEIZA KATE BALLAD AND MEDARDO CAYAO, JR.

The Office of Student Affairs and Services (osas) organized an Expanded Students Grant-In-Aid Program for Poverty Alleviation (ESGPPA) meeting for scholars held at the Alba Hall, Isabela State University - Echague (ISU-E) last November 14.

The scholars were the children of Pantawid Pamilyang Pilipino Program (4 P’s) and beneficiaries of the Department of Social Welfare and Development (DSWD).

Mrs. Teresita Lampa, presenter, stated, “Politensia and civility shall start from us.” She also pointed out that civility is an act of showing respect to others. In order to apply it, the lecturer introduced the elements that should be considered namely: awareness, self-control, empathy, and respect. These are factors in valuing others and communicating in different situations.

3 TF scribes to represent ISU-E in LHEPC
RANDY P. ACABA

Randy Acoba who capped 5th Place in Poetry Writing—English, Chary Anne Gauhan who garnered 3rd Place in Sports Writing—English, and Alyssa Marie Villa who placed 3rd in Editorial Writing—Filipino and 5th in DevCom—English will represent Isabela State University Echague to the upcoming Luzonwide Higher Education Press Conference (LHEPC) on February 5-7, 2014.

Participants of the said Press Conference are the top 5 winners of the recently concluded Regional Higher Education Press Conference (RHEPC) held in tuguegarao. The Press Conference aims to select best writers in Luzon to compete for the Luzonwide level.

ISU-E attends... (continued from Page 1)

The second topic “SWAKISTA: Strategic Ways of Aligning Key Indicators of Success Towards Achievements” was conferred by Prof. Marino.

In the end, ISU received a plaque and a certificate for having the most delegates for the event and Individual certificates were also given to all participants of PACSA 2014.

Participants were said to be mentally, socially, and spiritually enlightened on their way back to their hometowns.
2015: Fulfillment of Destiny or Journey to the Process

The Isabela State University Echague Campus paved its way through various seasons in her existence. We acknowledge these kinds of flavour in the heart of these periods. Being part of an institution that was banned as the University for People and Nature has to endure the cost of it. We are urged to devote and give value to these traditions to enact upon this heed. The use of Christmas lanterns, belens, and even electrical lights that goes alongside artful designs are utilized by our University. In fact, the used of electrical lights glimmering in the dark of the night are now very visible in front of the campus. It is often regarded that the level of the splendour of lanterns used reflects not just the craftsmanship and creativity of the people involved but it symbolizes the mood of the people, society, and the economy as well. This is because the star or lantern signifies the birth of Christ for whom the Three Kings followed through the symbol in the sky. The meaning of the season has been reflected through all of these. Every season was notably endured in a specific duration. The old has gone and the new season will come. How can we face the new type of season? Will there be great manifestation of destiny or will we keep on moving in a long set of journey?

In every New Year, we may hear the ringing of the church bell, a loud boot of horns, strong whistle blow, and sirens encompassing the arrival of brand new year of challenges. On the verge of every situation, we may face new challenges that would test our foundation – it may shake or may strengthen our stand. We advocate new things, we dream of new waves, and we set a goal-oriented year long.

Individual differences and various motives are problems that we must look upon because such will never bind us. Lack of unity and commitment will result to poor output or no output at all. We live life to the fullest if in the same sense we may lead ourselves to achieve a better training of convergence within simple to complex up to worst case scenarios.

But on the flipside of the perspective, we can see the two sides of the road. These sides of the road will mold us if we have the virtue to go on. Due to the standing of ISU nowadays, we can link every opportunity of winning and excelling into a greater angle of life. We have set our eyes into this wide range of determination. Everyone should be involved in actions to learn. Whether he or she is a student, a faculty, a staff, one of the board of members of the university copes with the ongoing flow. As we positively look towards the near edge of our victory, we may consider every element that will continuously amplify our thoughts, plans and short or long-termed goals. We must consider that right initiative and purposeful actions in line with responsibilities would determine the results of our walk. We must remember: great foundation will be unshakable. It will remain strong even it will be hit by disastrous catastrophes in whatever angle it may deem fall.

Hello Readers!

First and foremost, I would like to congratulate each and every ISUian for making a good choice to be here at Isabela State University Echague Campus, deciding to be moulded through gilt-edged ways and means of instruction from our respected professors.

This will be my first editor’s note to you my dear ISUans for this will be my first season as The Forum’s Editor-in-Chief. Writing will always be my passion and I am always inspired to keep on seeking new ideas, knowledge led by truth, and discerning wisdom because I believe that learning is a continuous process.

Not just a simple branch of life but it is the fountain of growth. Genuine commitment goes hand-in-hand with time, effort, coordination, and initiative to obtain valued results. I just want to give my deepest gratitude to all my co-staff for their immeasurable help and support to make this dream issue into reality. This tabloid is the product of our sleepless nights, overt exchange of thoughts, planning beyond description and priceless interaction. I hope and pray that we may be able to inform, entertain, encourage and inspire you guys to do greater actions in attaining the intent to be the best person and bringing out the true you.

To our advisers who became our refuge and source of strength in troubling times, thank you so much. We will do our very best to be the avenue of your thoughts, the voice that unravel the truth, the catalyst for freedom, and the flame that ignites your will and initiatives.

We are so glad and excited to keep on keeping on because of new possibilities and another wait has been fulfilled. May the good Lord richly bless us, indeed for His glory. Shalom.
Opinion

ARE YOU GOOD ENOUGH?

For most of us, self-assessment is a difficult task. We are our own worst critics, and it's easy to overlook our strengths and focus solely on our weaknesses. However, it's important to take a step back and evaluate ourselves honestly. Here are some tips to help you assess your own abilities and determine if you are good enough:

1. Identify your goals: What do you want to achieve? Setting clear goals can help you focus on the areas that need improvement.
2. Evaluate your skills: Take stock of your skills and strengths. What do you excel in? What areas do you need to improve?
3. Seek feedback: Ask for feedback from others. Sometimes, others can provide a fresh perspective and help you identify areas you may not have noticed.
4. Set realistic expectations: Be realistic about what you can achieve. Setting unattainable goals can lead to disappointment.
5. Practice self-compassion: Be kind to yourself. Everyone makes mistakes and it's important to learn from them.

Ultimately, the key to being good enough is to know yourself and your abilities. By taking the time to self-assess, you can work towards improving yourself and achieving your goals.
Tawag Pansin
The Cultivator
By Diwa Kakihang ako sa inyo
Bebi sa pagpapangal sa mawalas ako
Sa mga pila ay nanghulik ako
Sa pagpata sa ng huha ka
Papanining ng inyo ako ako?

Sa mga kastamahan ko ay may sigaw
Sa pagpat sa aming kasuotan
Mga tula ay natatakot na ring bumagay
Ang mga hikay sa kaya’t hulut
Ang mga baguhan ay una saayaw.

Nakakabigabihan ang pagpuri
Pag-aasa ngayon ay basi ay basi
Ngunit ngunit ay naging kaunayede
Walang pagpuri kaibat sa kumang diyaay
Marining salamat na lang sa aming tangingpuro.

Virtuoso’s Bid
By Bernard A. Ocampo
In a full blown garden of colors
Filled with flowers with lasting brilliance
Lies an ugly larva caught upside down
In a cocoon beneath the strong web was nab.

As time pass by, sun shines and the wind blew
In retrospect of the cocoon drooping languid
In one of the wide green leaf on a sunset
Grasp in the hands lifted in obscure darkness.

With the melodious mixed found in the thin air
The sound of music from nature sinks here and there
Wet the warm embrace of the flickering lights of heights
One day, the cocoon broke, sprouts a beautiful butterfly.

The art of life drawn through seemingly in virtuoso’s bud
Excellent beauty, productive products of excellent endurance

From susceptible sort of waiting, from struggles too tight
Patience is a virtue, attitude do counts from inside and out.

The art of waiting is priceless just like a virtuoso who was crafted
From nothing to something, moulded by the hands of God
Just like darkness turned out to be the light
And such a pretty flower blooms from simply a bud.

Litawong Bakac
Mandirigma
By Habeng masid ka ang tigaymay ng iha
Patuloy na nangangarat, surusulog na adika
Maging tulad ng natamong nilang gantimpala
Dulo ay karangyasan sa bawang ang panakula.

Tuhog sa dilm na gabi at di makatuolug
Nagsumo kung paano sumulog, mahulog
Nito ang labas at kaalan akio’y mapagpasasagat
At mutamong ang layunang sa pagpapala’y pumanaong.

Bakas ang pagpin sa buhang gawa ng kamay
At sa pagnawa, buhang kayod, di lumulahay
Minusan sa pagdald sa pagdala’t kawala’y huminglay
Ngunit nasa’y wala pa rin, hindi makagulay.

Ang tagaymay na nasin di pala tang tulisan lang
Manapat magasang ng ilalay, slaan ang buhay
Sa bawat takyapiyo, paiks man ang kaunay
At pamamahalang luhas, bagtising dalsiy.

Book of Life
By Jumar Bubulidlo

There are times we need to face some challenges:
Challenges that test our soul and body;
Challenges that we feel like we’re
too in the supreme valley of nothingness;
And challenges that test our guilt.

Problems come in different patterns:
Happiness and gloom come day by day
Just enjoy the game of life for you to play
Every time you lose is a lesson
For you to take.

Learn from your mistakes.
But give no space for regrets.
Learn to forgive and forget.
Live every moment like it’s your moment on Earth.

Sometimes we take these challenges alone.
Even in the closest person in our lives we abandon
But remember there is someone who never leaves us behind.
And He is God, who loves us despite
Our human imperfection.

Sa Kanya Nahanap
Proto-Dasyopidae
By N. d.

Nang mata ng namat
Puso ay nagulat
Isaping kalat-kalat
Sa pagulubok sino at
Oo ay dumating
Liko-liko ang daing
Atak ang makapiling
Kilalanian ng gising,

Higit sa pagkapit
Ng kandungan sobrang paat
Biugong kawati sa
Dito ay lumapi:

Mula sa dilm na paglabhap
Ang kabawangag hangsap
Ang pung sa isang humapub
Ang buhay sa may pangarap

Ang daling isang sulat
Ng dulo ng iha
Laip na pasasalamat
Sa buhay sa uma’t algat.
Gift under my Christmas tree

SWEET CHILD

There was a little house beside that river,
I so remember it because I was so clever,
I used to cling on that old tree with jitter
And it took me so long to let go, I was bitter.

Life as a kid was cool in Summer,
Mimicking the actions of a kite runner,
I used to run, run, and run, it doesn’t matter
If my knees would have bruises and scatter.

I’d always announce my favorite season
But nobody asked about my reason
Instead they laughed and mocked me with treason
Nobody really asked about my reason.

Mother and Father were there to put a smile on my face
As if their warm hugs would set me first place in a race
Mother’s songs were the most beautiful I had heard in years
Father’s stories were wonderful, so fierce.

But one day, I did not expect this
I had to be strong and stop my tears
Dear God, what will ever happen to me?
I am alone under my Christmas tree.

Mother and Father – I can no longer see you again
Please have pity on me and just push me in a den
For I can’t live my life without you by my side
Take me! Just take me! I tried!
But I am so tired.

Remember when you’d surprise me then
Slowly opening that box and counted from one to ten
But now, though I’d count from one to ten repeatedly
I may no longer see that gift under my Christmas tree.
December, a red-letter month that people await with so much anticipation as the last leaf of our calendar comes closer. The festive mood of what many people call Christmas becomes too evident. The towns and cities, practically every nook and cranny are now adorned with glittering lights in different colors synchronizing the Christmas carols. The malls, parks and even schools are now decorated with creative Christmas lanterns in different sizes with different concepts. The cold breeze of December is now embracing us and the air is now filled with Christmas carols. All these point to the fact that the annual tradition of celebrating the birth of the Savior, the Nativity festival is just around the corner.

We have inculcated in our minds that at the end of the year waits a colorful celebration of Jesus Christ’s birth. Each of us is eagerly waiting this month to come. In fact, we celebrate Christmas long before December has come. As the leaf of our calendar unfolds in the month of September, it is too evident that some of us is now hanging Christmas lanterns, restructuring the Christmas tree, and putting wreath in our doors.

Some would call this early planning for an out-of-the-country Christmas celebration to experience white Christmas. Some would prefer to celebrate their Christmas with their love ones in the other town or even province. And some would prefer to celebrate in their homes where their dear ones are.

Somehow, we’re busy thinking of something we could give to our godchildren later and how could we finance this annual occasion.

Buying goods for the Noche Buena, wrapping Christmas gifts for our love ones, and dramatically wishing to Santa our desires to fulfill our happiness in this great occasion. Those scenarios are tantamount to the moral of a biblical story among Mary, Martha and Jesus. (Luke 10:38-42)

We became too busy waiting and preparing for the Christmas to come. The bible doesn’t teach us about the exact date of Christ’s birth, however, as a tradition we should always remember the reason and the essence why we celebrate Christmas and that is our greatest King Jesus and the One who sent Him. Don’t let the essence of celebrating Christmas be topped with those colorful Christmas decorations.

Love, peace, and forgiving. These are the essence of celebrating the yuletide season. Don’t forget to possess those as we travel towards colorful Christmas celebration.

So Jesus and his disciples were on their way, he came to a village where a woman named Mary opened her home to him. While he was there, a woman named Mary who sat at the Lord’s feet was listening to what he said. Yet Martha was distracted by all the preparations that had to be made. She came to him and said, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me.”

Mary said to her, “The Lord welcomed, you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better and it will not be taken away from her.”

Now I realized You did a good job.

Though I’m not as clean as Job
Yet I gave You my cross
And You died but now You rose.

From cross, grave & arose
JUMAR D. REBULLEDO

Food for the soul
BERNARDO OCUMEN

Each and every one of us is facing different challenges in life. Our precious lives are consistent battlefield. Our minds are the settings of every bloody combat raging like angry tides rising from unexpected areas. Unlike battles come our way; these may be huge like mountains or as tiny as single sand in the seashore. Who knows? We can’t tell if we’re going to win or be defeated and fall flat on the ground. Are you willing to take the risk, put on your armor, your shield, your sword and fight or you’ll just let the enemy strike you with the fiercest blow and die in vain?

Soar like eagle
E. L. DOCTOROW

The promise revealed
No one is exempted. Every person might go through immeasurable testing of faith. You know what I’ve been there. I started to find ways and praying for solutions to all of my problems coming from diverse sources. Until one stressful night, I decided to read. I seldom open it. You know what it is? It is my Bible. I turned to the Book of Isaiah 40:28-29 which says
28 Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. 29 He gives strength to the weary and increases the power of the weak. 30 Even youths grow tired and weary, and young men stumble and fall; 31 but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint. 32 The word of the Lord is mighty; the word of the Lord is pure.

Destined to be great
Our choice determines our destination. We are destined to be great for an eternal glory. Appointed to be a Conqueror like our Master. Just like you, Sinuyante, we are subjected to different obstacles, challenges that are quite of various levels. Life is full of surprises they say but our Lord knows better because His thoughts are higher than ours. In order to soar like eagles which defy all their limits beyond their strength, we must surrender fully to the ultimate source everything. He is waiting.
LICENSED TEACHERS

ABAD, Edmark Wee-Wee S.
AGBAYANI, Jodel E.
BALANAY, Cristel Joy M.
BANGAYAN, Melissa B.
BOLIBOL, Efie G.
BALILA, Lerie May B.
BALILA, Reysie Mae M.
BAÑAGA, Teresa A.
CACHO, Apple Joy C.
CACHO, Christian Boy D.
CALETINA, Jerica R.
DAMASO, Julie Ann D.
DEQUILLO, Mark Timothy O.
DERUE, Jhojua April V.
GABOT, Jay-ar Vincent L.
GACUSAN, Ariane Joy B.
GAUTERERA, Jessica B.
GARCIA, Jaime Jr. E.
LABUGUEN, Nova Marie L.
LINNAM, Mylene G.
MARIANO, Rose Jane T.
MOYA, Bryan M.
PERA, Lady Ann G.
POLIG, Michaila O.
RECAÑA, Jane S.
SABIANO, Jomar C.
SACULLES, Mary Jane E.
SORIANO, Geneva G.
UDAN, Mylene L.
VIESCA, Louigiene Khay S.

CPE:

FACUN, John M.
FLORESCA, Januel P.
MARIBAO, Benchie L.
MESA, Quennie Joy B.
MINDAROS, Mary Ann L.
MUNAR, Novie First E.

LICENSED TEACHERS

ACOSTA, Novie Lyn S.
AGUSTIN, Syrah Mae D.
AMBROCIO, Gine Lene V.
ANCHETA, Julie Ann N.
ANTONIO, Mari Car A.
BALLESTROS, Gretchen R.
BORROMEO, Jovel M.
CADELINA, Pantaleon Jr. M.
DAPENA, Joshua Mai G.
DELA CRUZ, Julpha Jane P.
DELA CRUZ, Michelle Joy A.
DELA CRUZ, Mirasol Q.
DELA CRUZ, Rhea M.
DIZON, Geraldine M.
DOMINGO, Analyn S.
GAMMAD, Diwata M.
GANGAN, Mary Grace P.
GUIANO, Thosaleine R.
GUMPAL, Kristine Mae M.
HIDALGO, Maribel U.
MANUEL, Cherry Ann T.
MENDOZA, Joanna Marie T.
MIEVES, Frecian L.
PAGADUAN, Ma. Cara Joy A.
PALATTAO, Karen B.
PASCUAL, Lalaine L.
PAUG, Mary Rose A.
PILOINO, Michelle S.
RAMOS, Jayson B.
SALDIVAR, May Belle A.
SANTOS, Everly Joy H.
TACCABAÑ, Roselyn M.
TOLENTINO, Regine N.
TRINIDAD, Lieren Gay S.
TUPPIL, Rachel B.
VERDADERO, Joemar D.

LICENSED ELEMENTARY TEACHERS

ADAM, Benjie A.
AGOBIO, Erlinda S.
AGUID, Ryan B.
AIRCILLO, Romeo Jr. T.
ALMAGUERO, Melissa C.
ALMOS, nursing.
AMENDOZA, Mike P.
ANDRADE, Alona E.
APAGA, Roberto Jr. M.
ARELLANO, Jaynaliza H.
BAHWAO, Roberto K.
BAJIT, Danilo T.
BARIT, Jomhel C.
CABANGAN, Crisil P.
CAGAYAN, Mary Anne F.
CAMARILLO, Romeo Jr. T.
DALIT, Melanio Jr. S.
GAMIAO, Rogelio Jr. G.
LONEZ, Redordor Jr. B.
MACCOL, Batiana P.
MACOPIA, Myla D.
MARQUEZ, Vanessa Joy B.
MATALINO, Benedicto B.
MATEO, Mary Grace A.
PALAPUZ, Ryan B.
SANTIAGO, John Mark T.
SILIN, Saturino C.
TADEO, Emar R.
TAGUDING, Johnley A.
VALDEZ, Gilmour T.
VELASCO, Jerald M.

NEW AGRICULTURISTS

AGUSTIN, Reynel C.
ALEJANDRO, Wilmar M.
AGWIT, Jimmy Jr. B.
ANDRADE, Alona E.
APAGA, Roberto Jr. M.
ARELLANO, Jaynaliza H.
BAHWAO, Roberto K.
BAJIT, Danilo T.
BARIT, Jomhel C.
CABANAS, Crisil P.
CAGAYAN, Mary Anne F.
CAMARILLO, Romeo Jr. T.
DALIT, Melanio Jr. S.
GAMIAO, Rogelio Jr. G.
LONEZ, Redordor Jr. B.
MACCOL, Batiana P.
MACOPIA, Myla D.
MARQUEZ, Vanessa Joy B.
MATALINO, Benedicto B.
MATEO, Mary Grace A.
PALAPUZ, Ryan B.
SANTIAGO, John Mark T.
SILIN, Saturino C.
TADEO, Emar R.
TAGUDING, Johnley A.
VALDEZ, Gilmour T.
VELASCO, Jerald M.

National Passing Rate 36.00%
ISUE Passing Rate 35.14%
ISUE First Takers Passing Rate 41.62%

Congratulations, board passers!

OUTSTANDING AGRICULTURAL SCIENTIST IN CAGAYAN VALLEY:
Dr. Joel M. Alcaraz

OUTSTANDING AGRICULTURAL RESEARCHER IN CAGAYAN VALLEY:
Dr. Artemio A. Martin, Jr.

University Vision
The Isabela State University as a leading, vibrant, comprehensive and research university in the country and the ASEAN region.

University Mission
The Isabela State University is committed to develop highly trained and globally competent professionals; generate innovative and cutting-edge knowledge and technologies for people empowerment and sustainable development; engage in viable resource generation programs and maintain and enhance stronger partnerships under good governance to advance the interests of national and international communities.
Even if the Philippines has been branded as the social media capital of the world and the selfie capital of the world, it’s weird that there is no free Wi-Fi in public spaces. After all, the United Nations declared in 2011 that Internet access is a human right. So where are our rights?

That may change in 2015 because the Senate has recommended an increase in the budget for the DOST to develop free Wi-Fi spots nationwide. And the best part is, the Senate has been pushing for it for ten years. For those of us who hate the money will come from it, will come from the Senate’s decision to push back by one year the budget for the lease-purchase of laptops for selected government employees.

According to Senate President Pro Tempore Ralph Recto, the Senate Finance Committee recommended that they will increase the budget from P358 million to P3 billion. He also said that the development of free Wi-Fi spots in the country is to help link farmers and traders to markets, assist learning, and give people access to information (by information, he probably meant your Facebook feed).

The DOST has identified 50,872 free Wi-Fi spots nationwide, from which the initial batch will be set up in 2015. The list includes 7,917 public high schools, 38,694 public elementary schools, 113 state colleges, 1,118 public libraries, and public spaces in 1,490 towns. In the DOST draft blueprint, Wi-Fi will also be provided in 890 provincial, regional, and state medical centers in Metro Manila, Public Employment Services Office; 85 airports; 69 LRT, MRT, and PNR stations. The free Wi-Fi will also coincide with the Department of Tourism’s announcement that 2015 will be “Visit Philippines Year” and the arrival of VIP guests, like Pope Francis and Russian president Vladimir Putin.

“If we’re expecting million more travelers, then among the convenience, we can offer them is free Wi-Fi,” Recto said.

Fast Facts

You can change your language on Facebook to “Pirate Language”. Al Pacino was the first “face” on Facebook.

1 in 3 people feel more satisfied with their lives after visiting Facebook. If you have a pizza with radius Z and thickness A, its volume is $Pi \cdot Z^2 \cdot A$.

When awake, the human brain produces enough electricity to power a small light bulb.

Sixty percent (60%) of your brain is composed of fat.

Dieting could force your brain to eat itself.

Forgetting is good for the brain; deleting unnecessary information helps the nervous system retain its plasticity.

Scientists finally concluded that the chicken came first, not the egg, because the protein which makes eggs is only produced by hens.

Scientists can turn peanut butter into diamonds.

Earthquakes turn water into gold.

It would take light 100,000 years to travel from one end of the Milky Way galaxy to the other.

If you could fold a piece of paper 50 times, its thickness would exceed the distance from here to the Sun.

If uncoiled, the DNA in all the cells in your body would stretch 10 billion miles, from here to Pluto and back.

Your heartbeat changes and mimic the music you listen to.

Couples who are in love synchronize their heart rates after gazing into each other’s eyes for three minutes.

Hippopotamuses are the real source of affection and love from your blood pump. (heart)
Entertainment

By: James Harrison Rafanan

Junction Memes

By: James Harrison Rafanan

Lacked Out Luck: CR

By: James Harrison Rafanan

Bagong Cellphone

Socialization? Puro naman iruman...

(Sigh)
#Magbago

Ayan na si Riasney, mababagdao na nga lang ng 14 at 15 na separate at ng di mahina hahot. pati baalayan wala...Eh, tudyante ba ba telefo? O NoliNoli kung sa paningin ng iba... nagdala ba po ng bong. Props?
#KathoxDaloXKidyXDrive

By: James Harrison Rafanan

SHOUT OUT!

Sa kutsusan, may pinapantahan din pala ang mga fines. Netuwa ako at napangiti, mga wala. Dahil sa ako'y late at di pumasok, ayun nagpakawala brand... o di ba?
#BeingLateIsNeverCool

How can you define commitment? Not just through words but simply putting something in action. Word without action will be in vain.

#RiseAndGetOnTheGame

Vag nagemcece puro pagpapayaw ar di paggamutog sinasabi... lider na lagi out of town... How would you define leadership? Ramumute ba sa ibang lugar o pagpaw ng nararatay sa nasakupan? Tantong lang... #DMakatulogSaGabiSaKatimlap

Psalms 37:4
Delight yourself to the Lord and He will give you the desires of your heart.

Ang mga sumusunod na mga talata ay nakalap sa pamamagitan ng SMS, Email, o Facebook mula sa mga estudyante sa loob ng ISU-E.
Ang Isabela State University, ay unang enting humahang mula sa pananahin nito sa susunod na mula sa puno ng pagdumalat. Ito sa mga tanda ng naturang mga pag-unong ay ang kabila sa mabilang mga panahon mula sa iba't ibang larangan – napakaadarna o palakasan, mga talent at angking kakayahang. Tumoy ng ipinagpupunyagi ang pag-unong mula sa munti sa malaking deralye. Bahahagi ba ba sa adhokstiyang ito?

Nagkaistra lamang Marso 15–16, tanda ng ayos sa Calayag Jr., ang gating ISU-Churchill Clorlote ang magpalambing ng bosong ng ISU sa larangan ng pag-unong, ang getting mga mabilang na sa isda ay di pa naluna at maa matatag na de padadala sa pagbigay sa bugtong kong kompetisyon. Isang tanda ng walang maita na paggabay sa ISU sa agho ng pagiging ang bili kung buhay at pagligong kompetisyon.

Sa aming pangunahid, ang pagdulot na ito'y din sa maraglina.单夹adlang ang pagbabago ang akademiko kinaalasahan sa pagpapalat sa isang aspeto ng pagbabago ng kawaisan. Ayon sa National Association of Physical Education, ang pagkakataon ay hindi lamang nakabase sa mental na paglago bagakas ay pagpapanganip ang pagkakataon ng kawaisan dito ng pagpapalat na nakaapexto din sa pagkakaining. Tito ay sa isang ika ng sa walang ingles.

Gumawa ano ang papel ng inustisyuenng ISU? Kukali patong ng pagpapalat ng? Gayang nangungubang dito Dr. Alethe M. Manoyon sa kanyang takong hango hango ibinagsan ang 2014 SCUAA Games ng globalbahay ay nagbigay ng tungkol sa pagpapalarin ang pagkakaining. Hindi na ito mahahala pa kinaalasahan pat uloy na impluwensia nito sa lipunan at inang galingan?

Katalud ng nangungubang dito Anggente patungkol sa papel ng universidad, naniniwala kami na kasi ng kasing daging dito pati panis ng gating mga atleta bilang pagpapalat sa globalbahay ang atensyon sa kawaisan. Sa isipot ng ISU akademiya sa isipot sa pagpapalat ang pagkakaining ito sa isipat ang pangkalahatang. Sa bawat aksyon at halaga ng maging na isipot, makita ang mukha ng institusyon sa pulso ng panahon at motibasyon.

ISU-E hits 2nd in Table Tennis
Men’s Division
MEDIARO M. DANO, JR.

ECHAGUE, ISABELA - Isabela State University Echague Campus (ISU-E) received 2nd place during a close match against Isabela State University Cauayan Campus (ISU-CC) during Table Tennis Championship round (men’s division) stated November 22 at ISU-E Grandstand.

In a three-day competition which challenged all participating campuses comprised of Angadanan, Camuy, Echague, Jones, Rosas, Cabagan and San Mateo smashed their competency towards the championship. Echague Campus overpowered the other hand, ISU-CC became the first placer while Emel A. Oquias of ISU-E got the second spot.

First placers in table tennis men’s division will be representing the University for the upcoming Regional SCUAA Games 2014.

HUNGRY FOR GLORY
CHARY ANNE C. GAUANI

Isabela State University composing of 8 campuses sees itself as one united team with one vision towards winning at the National SCUAA 2014.

What does it take for an athlete to be considered hungry enough for glory?

"Breasts? Scars? Limited foot? Disclocated ankle?"

The burning passion of every athlete to win. To achieve his goal. To prove that he is worthy of glory. Whatever it takes, he shall finish the race he started.

"We compete with one another to choose the best among us to represent us." This is the resounding motto of Isabela State University in every athlete meet to remind that that that in every athlete, there should never see their competitor as a hurdle but as great avenue for them to develop their athletic skills.

WIN OR LOSE

Isabela State University sports coordinators see to it that the athletes would not lose hope if ever they would not achieve their goals. Solidarity, spirit, and determination is being conducted before formally opening the athletic event. With this, athletes get to meet each other without feeling too competitive.

FRIENDLY REMINDER

"Let us bend if we will, cry if we must, but let us keep standing." These were words of Dr. Alethi M. Mariano on the opening of Regional SCUAA 2014 to keep the athletes remind that at the end of the day, that athlete shows their winning ability however the game ended.

ONE

Isabela State University composing of 8 campuses sees itself as one united team with one vision towards winning at the National SCUAA 2014.

ISU-E notches 1st Runner Up at Sepak
MEDIARO M. DANO, JR.

A game played between ISU Cauayan Campus (ISU-CC) and ISU Echague Campus (ISU-E) digs interesting sets of match that brought Echague to hit the 1st runner up spot on the Sepak Takraw Championship dated November 22 at ISU-E Grandstand oval.

The championship that took place between the ISU-CC and ISU-CC that was witnessed by spectators from different campuses filled excitement in the field. Cauayan campus won the first round so they moved on to the second set. The first round of the second set was handed to Echague but ISU-CC hardly moved on until the next set. The game ended at the last set with the score 21–19, in favour of Cauayan.

"Talagang sobrang diktong ang ibah, gising na nanay masakanya running although andam na may mga nagayang talaga na services... ang alam ko ibinahong ko na lahat kayo ko."

"John Carlo Alilain; an ISU-E player cited during an interview.

Echague failed to win the crown as champion but they make it to the 1st runner up and Angadanan Campus garnered 2nd runner up.

Winners of Sepak Takraw will represent the Isabela State University (ISU) in the Regional State Colleges and Universities Athletics Association (SCUAA) games on December 15 – 17 which will be held at the Province of Batanes.